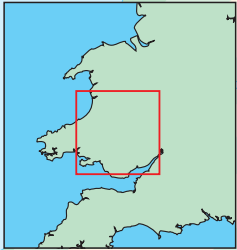


# MID WALES



Elan Valley & Reservoirs

Radnor Forest

Vale of Ewyras

Brecon Beacons

Black Mountains

Forest of Dean

● Abergavenny .....Trailhead Town  
● Brecon .....Staging Town  
 .....Railway

0 10 miles  
 0 20 km

**iron donkey**  
BICYCLE TOURING

